



# WHELAN'S THE CORN EXCHANGE

## SMALL PLATES:

Perfect as bar bites or starters

### Lamb Kofta - 8.50

With flatbread, fresh salad, tikka mayo, pomegranate seeds, coriander and a garlic and herb dip

### Breaded Camembert - 7.50

Crispy coated camembert cheese, served with a cranberry sauce and side of ciabatta

### Crispy Pork Belly Bites - 7.00

Crispy, tender pork belly bites, glazed in a rich honey coating

### Glazed Sausages - 7.00

Choose from a Chilli Jam or Honey Mustard coating

### Fried tempura Prawns - 9.00

Crispy tempura battered prawns, served with tarte sauce, garnished with rocket

### Mac and cheese Croquettes - 8.50

Crispy mac and cheese bites with truffle garlic and mayo

## SHARERS:

Recommened for two

### Skewer Board - 16.95

A flavour-packed sharing board featuring six skewers – two each of juicy steak, aromatic tandoori chicken, and succulent duck with roasted courgette and peppers. Served with warm pita bread, fresh cucumber, and red onion for the perfect build-your-own bite experience.

### Fully Loaded Fries - 15.00

Skin-on-fries topped with BBQ pulled pork, cheese sauce and chopped bacon. Garnished with fresh chives and pickled onion

### The Full Exchange - 24.00

Crispy chicken goujons, chicken wings coated in your choice of BBQ or Buffalo sauce, pork belly bites and home made lamb kofta skewers served with flat bread.

### The Vege Exchange (v) - 22.00

Crudites board with carrot and cucumber sticks served with a side of hummus, vegetable spring rolls, baby nachos and halloumi fries

### Nachos Sharer (vg) - 13.50

Grated cheddar cheese, jalapeños, tomato & chilli sauce, guacamole and sour cream. Make it vegan - request vegan sour cream and vegan cheese

## HOT SANDWICHES:

Served on ciabatta with a side of skin on fries

### Philly Cheese Steak Sandwich- 12.50

Juicy grilled Philly Cheese steak, topped with white onion and pepper with a cheese sauce, served on a toasted ciabatta roll.

### Fish Finger Sandwich - 11.00

Crispy battered fish fillet served on toasted ciabatta with fresh lettuce and tangy tartare sauce – a bold take on a classic favorite.

### Open Club sandwich - 11.50

Grilled chicken breast, crispy bacon, creamy avocado, fresh lettuce, and ripe tomato, stacked high on toasted ciabatta

### Sun-dried tomato and Pesto (vg) - 11.00

Sun-dried tomatoes, mozzarella and pesto with fresh rocket, layered on toasted ciabatta. A bold and vibrant plant-based sandwich with Mediterranean flair.

Turn over for mains and burgers



# WHELAN'S THE CORN EXCHANGE

## BURGERS

Served in a soft glazed bun with diced onion and gherkin, Iceberg lettuce,  
Burger Sauce and Ketchup, with skin on fries (Unless otherwise listed)

### Cheese & Bacon Burger - 16.50

Choose from beef or crispy chicken  
with Monterey Jack cheese, streaky  
bacon and BBQ sauce

### The Exchange Burger - 18.50

BBQ Pulled Pork, lettuce, tomato,  
onion, beef patty and burger sauce.  
+ Monterey Jack cheese **2.00**

### Earth Burger (v) - 16.00

Choose from THISTM Isn't Beef  
burger or crispy coated buttermilk -  
style QuornTM fillet, layered with  
cheese, sweet chilli slaw and spicy  
Korean sauce.

## MAINS

### Pork Loins - 18.50

Juicy grilled pork loins topped with sweet grilled  
pineapple, served with a fresh side salad  
and your choice of mash potato or chunky chips.

### Chicken Schnitzel - 14.95

Crispy golden chicken schnitzel served with a  
refreshing cucumber and sour cream salad,  
alongside a portion of chips.

+ Fried mushrooms **2.00** + Fried egg **2.00**

### Sausage and Mash - 13.95

Traditional Cumberland sausages served with creamy  
mashed potato,  
tenderstem broccoli, and rich gravy. Make it vegan and  
upgrade to vegan sausages!

### Irish Honey Ham, Egg and Chips - 14.95

Irish honey-glazed ham, served with a fried egg,  
crispy chips, and a fresh side salad

### Cauliflower Steak (vg) - 13.95

Roasted cauliflower steak served on a creamy bed of  
hummus, drizzled with olive oil,  
and accompanied by a fresh side salad

### Caesar Salad - 12.50 + Grilled Chicken 2.50

Crisp romaine lettuce tossed with creamy Caesar  
dressing, crunchy croutons, and shaved Parmesan.  
Served with a side of savoury anchovies.

+ Make it vegan **2.50**

### Salmon Salad - 15.50

Grilled salmon fillet served on a bed of mixed leaves,  
with ripe tomato, cucumber, red onion, tenderstem  
broccoli, and crisp cucumber

Ask the bar staff about dessert  
specials and sides!

(v) Suitable for vegetarians. (vg) Suitable for vegans; however, produced in a factory which handles non-vegan ingredients, with a 'may contain' warning. Please note that we do not operate a dedicated vegetarian/vegan kitchen area.

Do you have any allergies? Full allergen information is available for all dishes. Please ask a team member before you order your food and drink, as menus do not include all ingredients. We have taken all reasonable steps to avoid the unintentional presence of allergens. However, we cannot fully guarantee that products are 100% free from allergens, owing to cross-contamination, as we do not have specific allergen free zones in our kitchens; therefore, it is not possible to fully guarantee allergen separation. Even if you have eaten a dish previously, please inform staff of any food allergies before placing your order so that every precaution may be taken in the kitchen to prevent cross-contamination. We cannot guarantee that any dishes are free from nut traces. Peppercorn sauce contains brandy. Fish and poultry dishes may contain bones and/or shell. All weights are approximate uncooked. Ingredients are based on the standard product formulations.